

About the National Respite for Carers Program

This program, funded by the Department of Health and Ageing, provides a variety of support and services to carers of older people and those with disabilities to have break in order to maintain their own health and well-being whilst feeling assured the person they care for is being properly looked after.

Hakea is one of over 600 community-based respite services available throughout Australia.

About UCH

UCH (Uniting Church Homes) has been providing care and services to aged people in Western Australia over the past 60 years.

We are one of Perth's largest agencies and are currently 'home' to, or visit the homes of over 3,500 residents in 26 locations throughout metropolitan and country areas. To achieve this, we employ more than 1,350 staff and receive support from 450 volunteers.

Contact Us:

Hakea Place, Rowethorpe
4-10 Hayman Road
Bentley WA 6102
Enquiries:

- Tel: 6363 6291 (Care Manager)
- Tel: 6363 6376 (Care Office)
- Fax: 6363 6606

More Information for Carers....

Commonwealth Respite and Carelink Centre

These centres, also funded under the NRCP are run by a wide variety of community organisations across Australia and can assist in arranging respite providing a 'one-stop shop' of information for carers and by organising, purchasing, or managing respite care assistance packages.

Tel: 1800 052 222 (business hours)

Tel: 1800 059 059 (emergency respite after hours)

Internet: www.commcarelink.health.gov.au

National Carers Counselling Program

This counselling service, delivered by Carers Australia under the NRCP focuses on the individual carer's specific needs and can provide one-off or a program of sessions, either at home or at the service location.

Tel: 1800 242 636

Internet: www.carersaustralia.com.au

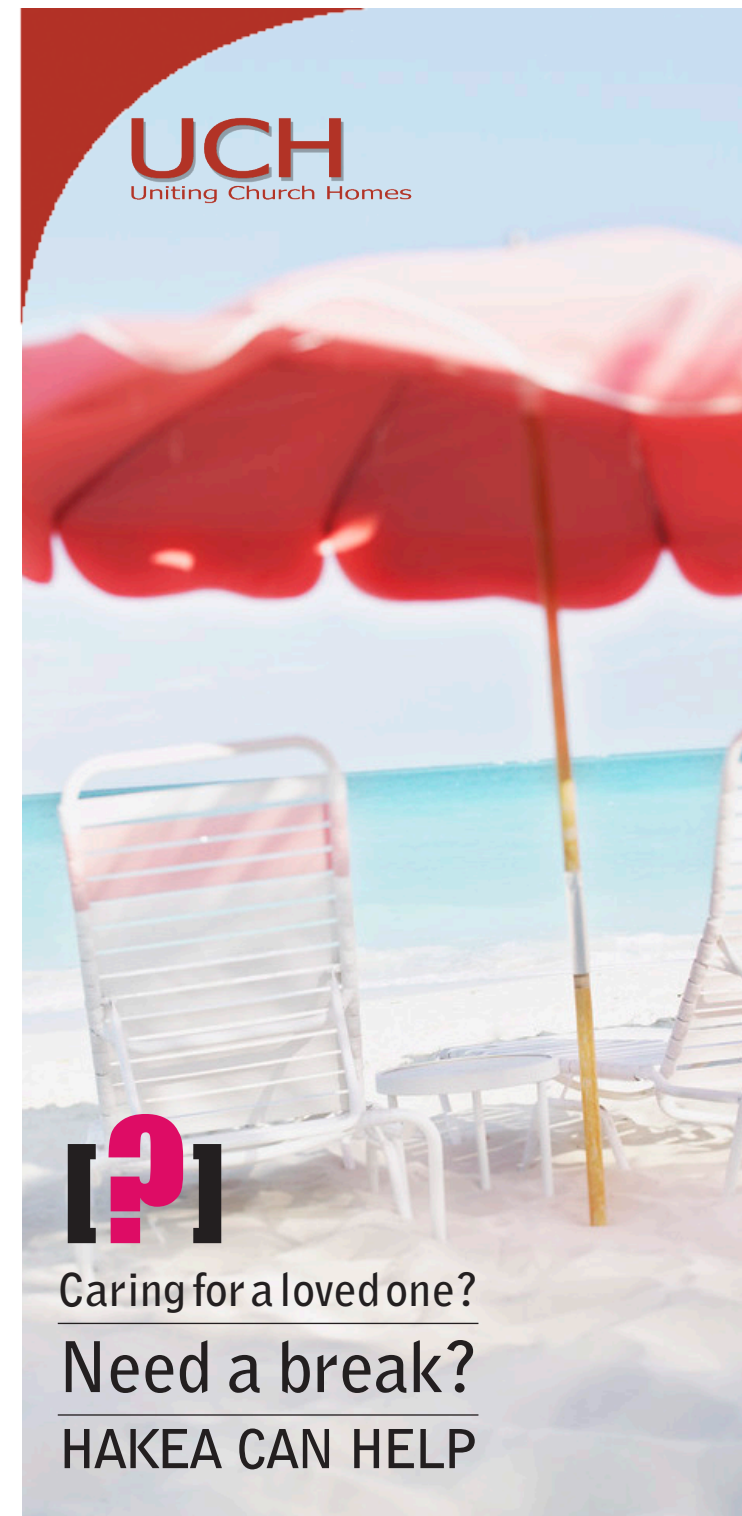
Alzheimer's Australia WA

This non-profit charitable organisation grew over 20 years ago as a support group for people with dementia and those who care for them. Alzheimer's Australia WA provides invaluable information, education and training on dementia.

Tel: (08) 9388 2800

Tel: 1800 100 500 (Dementia Helpline)

Internet: www.alzheimers.asn.au



UCH
Uniting Church Homes

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Caring for a loved one?
Need a break?
HAKEA CAN HELP

Introducing Hakea

Hakea is a home-style residence on the Rowethorpe site in Bentley comprising six spacious self-contained units set around a shared lounge and dining area which UCH operates under the National Respite for Carers Program (NRCP).

Rowethorpe is situated along Hayman Road across from Curtin University, Collier Golf Course, Technology Park and Swan TAFE.



Why is respite important?

Carers play a very important role in the support and well-being of those they care for. Although this may be extremely rewarding, it can also be physically exhausting and emotionally stressful. Regular breaks and assistance/support can help relieve this and can also be one of the most effective things you can do for yourself and the person you care for. Breaks can also be invigorating as they offer new experiences for both of you.

We can arrange for your friend or loved one to stay with us at Hakea while you enjoy a short break at home or away. If you need to go into hospital and receive care yourself, you are also welcome to come and stay at Hakea.

The respite can be planned or it might be an emergency need (21% of respite provided by Hakea in the last year resulted from an emergency situation).

We know from our research that Carers feel supported when they are confident that their loved one is being looked after well. Which is why we adhere to a continuous quality improvement program, acting on feedback received from all our clients when they finish their respite.

If you have a respite need that might be a little different (for example, day respite), please discuss this with our Care Manager.

What is provided?

Hakea is very similar to low care residential respite with 24-hour care and services being provided:

- 'Hotel' services include laundry, furnishings, bedding and delicious meals from Rowethorpe Catering Services.



- Personal care assistance is provided as required and includes showering, grooming, medication administration etc.

Hakea is a secure environment (via coded entry keypad) and we offer a high staffing ratio.

What are the costs?

A daily care fee of \$41.34 is charged per person*#.

*Calculated in line with residential fees and charges and subject to increase.

#The fee will be reviewed for financially disadvantaged persons.

Am I eligible?

Hakea can provide specialist respite services for the Carers of frail older Australians (generally 65 years and over) with dementia. This includes respite care recipients under the Aged Care Act 1997 who are assessed as requiring low level respite care.